



# Landaff Blue Elementary School Lunch

## October 2022



Menus are subject to change

Student Breakfast \$1.10 (K-6)  
\$1.25 (7-12)  
Student Reduced \$0.00  
Student Lunch \$2.20 (K-6)  
\$2.45 (7-12)  
Student Reduced \$0.40  
Adult Breakfast \$1.10  
Adult Lunch \$3.35  
Milk \$0.60

Please Click Links Below for Nutrition Information on Daily Options:

Pre-made Deli Sandwich, Fruit & Yogurt Parfait w/Granola  
Fresh, Dried, or Canned Fruit, Skim White Milk, 1% White Milk, & Fat Free Chocolate Milk Offered With All Meals.

[Deli Options K-8](#) [Grab & Go Items](#)

[Fruit & Yogurt Parfait w/Granola](#)

[Milk](#) [Condiments](#)

[Fresh, Dried Or Canned Fruit](#)



Pay for meals on-line.  
Click Image Below



Harvest of the Month:  
Kale



Click on the image above for more info on the Harvest of the Month!

Monday	Tuesday	Wednesday	Thursday	Friday
<b>3 Creamy Macaroni &amp; Cheese</b> Seasoned Green Beans Steamed Carrots Dinner Roll Fresh Fruit & Veggie Bar Milk Variety	<b>4 Hawaiian Pork Sliders w/ Spicy Mayo and Pineapple Slaw</b> Black Bean & Corn Salad Fresh Fruit & Veggie Bar Milk Variety	<b>5 Cheesy Breadsticks</b> Marinara Sauce Chicken Noodle Soup Fresh Fruit & Veggie Bar Milk Variety	<b>6 Marinated Chicken Breast</b> Roasted Sweet Potato Wedges Steamed Broccoli Dinner Roll Fresh Fruit & Veggie Bar Milk Variety	<b>No School</b>
<b>10 No School</b>	<b>11 Beef Nachos Supreme</b> Garden Salsa Rice Pilaf Fresh Fruit & Veggie Bar Milk Variety  <b>National School Lunch Week</b>	<b>12 Cheese Pizza Pepperoni Pizza</b> Roasted Fresh Zucchini Fresh Fruit & Veggie Bar Milk Variety  <b>National School Lunch Week</b>	<b>13 Spaghetti w/ Meat Sauce</b> Kale Apple Salad Garlic Breadstick Fresh Fruit & Veggie Bar Milk Variety  <b>National School Lunch Week</b>	<b>14 Fluffy Pancakes</b> Real Maple Syrup Sweet & White Homefries Sausage Links Fresh Fruit & Veggie Bar Milk Variety  <b>National School Lunch Week</b>
<b>17 Cheesy Ravioli Bake</b> Kale Apple Salad Garlic Breadstick Fresh Fruit & Veggie Bar Milk Variety	<b>18 Tater Tot Nachos</b> Steamed Corn Rice Pilaf Fresh Fruit & Veggie Bar Milk Variety	<b>19 Cheese Pizza Pepperoni Pizza</b> Fresh Creamy Coleslaw Fresh Fruit & Veggie Bar Milk Variety	<b>20 Dress Your Own Hot Dog</b> Roasted Sweet Potato Wedges Fresh Fruit & Veggie Bar Milk Variety   <b>Birthday Celebration</b>	<b>21 Homemade Shepherd's Pie</b> Homemade Dinner Roll Fresh Fruit & Veggie Bar Milk Variety
<b>24 Cheese Quesadilla</b> Garden Salsa Black Bean & Corn Salad Rice Pilaf Fresh Fruit & Veggie Bar Milk Variety	<b>25 Meatball Sub (Beef &amp; Chicken Meatballs)</b> Steamed Corn Fresh Fruit & Veggie Bar Milk Variety	<b>26 Cheese Pizza Pepperoni Pizza</b> Steamed Broccoli Fresh Fruit & Veggie Bar Milk Variety	<b>27 Hot Turkey Sandwich</b> Chef's Mashed Potato Turkey Gravy Steamed Carrots Cranberry Sauce Fresh Fruit & Veggie Bar Milk Variety <b>Taste Test Event; Kale</b>	<b>28 Sloppy Joe</b> Fresh Fruit & Veggie Bar Milk Variety
<b>31 Cheesy Goulash</b> Steamed Corn Garlic Breadstick Fresh Fruit & Veggie Bar Milk Variety	<div>   </div>			

Please advise us if special meal accommodations are required for allergens or other special dietary needs.

This institution is an equal opportunity provider.